**Why You Would like to Take This Counselling Course at This Time in Your Life**

**Please write at least 200 words explaining why you would like to take this course at this time in your life.**

I have recently graduated Psychology with Sociology BSc. I feel the need to continue my education and to improve my skills in order to progress my career and to get a better paid job. I was thinking about becoming a social worker, but recently I have realised that Counselling is something that stays close to me. Studying a talking therapy is challenging for me, especially because English is not my first language, yet this is what I would like to study in the future. Reason for this is that I have a feeling that counselling is something I was always looking for, but I could not find. Yet, my life experiences in different area of life, my interests and my work (i.e. studying psychology, healing and meditation courses, working as support worker and health care assistant, etc.) brought me closer to the idea of studying counselling skills. When I was attending my Foundation in Counselling Theory course and Foundation in Counselling Skills course I enjoyed it very much and I knew that this is what I want to continue studying in the future. Also, as I work only part-time and I have flexible hours, I have time for studying this course.